



Release from Liability

I understand that I am volunteering for activities through Hands On Nashville, Inc. I understand that as a volunteer, I may be involved in physical activities that have a potential risk of injury. I assume this risk. I agree that I will perform activities that I am comfortable doing and follow all instructions.

I hereby release and discharge Hands On Nashville, Inc., its community service partners, officers, directors, employees, agents and volunteers from any claim, demand or cause of action that may be asserted by or on behalf of me as a result of my volunteering for activities through Hands On Nashville, Inc. I agree to be responsible for my behavior and to indemnify and hold harmless Hands On Nashville, Inc., its community service partners, officers, directors, employees, agents and volunteers from any damages or liabilities arising out of my activities as a volunteer through Hands On Nashville, Inc.

I grant Hands On Nashville, Inc. the irrevocable right to use photographs and video or audio recordings of me made while volunteering, in any medium, without pay.

I am 18 years of age or older.

I am under 18 years of age. If you are under 18, a parent or other legal guardian must also sign this release in the box shown below.

Volunteer Signature

Date

Volunteer Printed Name

For volunteers under the age of 18:

I hereby agree and consent to the foregoing terms:

Parent/Legal Guardian Signature

Emergency Contact

Parent/Legal Guardian Printed Name

Emergency Phone